

# STANDING MEDICATION ORDER FOR OVER-THE-COUNTER MEDICATIONS

RE:	DOB:
	(Child's Name)
Facilit	/Home: Order Valid From:
accord physic	owing over-the-counter (OTC) medications may be given to the above named child on an "as needed" (PRN) basis, ng to this signed Standing Medication Order, to ensure optimal health care to the child. The child's primary an should always be notified if the child is sick or experiences persisting symptoms. If the child's primary physician change during the course of placement, a new order must be signed by the current attending physician.
	eview information provided with any prescription or over-the-counter medication for possible allergic ns prior to administering.
	Alcohol (Isopropyl 70%) Use to clean pierced ears. Do not use to clean wounds. (Topical use only)
	Aveeno Anti-Itch Cream, Calamine Lotion or Hydrocortisone 1%) Use for itchy skin. Use 4 times a day as needed. For children under 12 years of age, consult physician prior to using hydrocortisone as extensive use may cause serious skin problems. Do not use hydrocortisone on face. (Topical use only)
	Aloe Vera Gel Use to relieve mild sunburn pain. Apply to affected areas as needed. (Topical use only)
	Antacid Tablets (Calcium Carbonate) Use for relief of excess stomach acid. Chew 1-2 tablets as needed. Do not take more than 8 tablets in a 24-hour period. (By mouth only) If given for more than 3 days, see Doctor.
	Baby Powder Use to relieve heat rash. Apply as often as needed. Caution should be used with infants/toddlers due to aspiration risk. (Topical use only)
	Blistex / Chapstick Use for dry, cracked lips, Apply not more than every 30 minutes. (Topical use only)

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#### **Chloraseptic / Generic**

Use for sore throat and related pain. Not to be used by children under 2 years of age. If condition persists, call doctor. (By mouth only)

- 2-11 years spray throat 3 times every 4 hours, as needed.
- 12-adult spray throat 5 times every 4 hours, as needed.

#### Desitin / Balmex

Use for diaper rash. Apply at each diaper change. If condition, worsens or shows no improvement within 48 hours, consult doctor. (Topical use only)

# **Hydrogen Peroxide**

Use for superficial skin wounds, cuts, scrapes. Apply three times daily as needed. (Topical use only)

#### Metamucil / Generic

Use for constipation. May require use for 2-3 days for optimal effect. If condition persists beyond three days, consult doctor. (By mouth only)

- Not for use with children under six years of age
- Children age 6 to 12 years old use ½ dose for children under age 13
- Children13 years and older, use 1 tablespoon (sucrose containing variety) or 1 teaspoon (sucrose-free variety) mixed in 8 ounces of liquid three times daily.

#### Motrin / Advil (Children's)

Use for children whose temperature rises to 102 degrees or who are in mild to moderate pain. (By mouth only).

- Children 12 to 23 mos. (18 to 23 pounds) 1 teaspoon every 4 to 6 hours
- Children 2 to 3 years (24 to 35 pounds) 1-1/2 teaspoon every 4 to 6 hours
- Children 4 to 5 years (36 to 47 pounds) 2 teaspoons every 4 to 6 hours
- Children 6 to 8 years (48 to 59 pounds) 2-1/2 teaspoons every 4 to 6 hours
- Children 9 to 10 years (60 to 71 pounds) 3 teaspoons every 4 to 6 hours
- Children 11 to 12 years (72 to 95 pounds) 3-1/2 teaspoons every 4 to 6 hours

## Multi-Vitamin / Vitamin C

Use as dietary supplement. Liquid drips for infants; chewable or swallowed with water for toddlers and older children. Give 1 tablet daily as recommended by doctor. Dosage \_\_\_\_\_

#### Mycatin / Kitrunub / Tinactin / Cruex

- Use spray for jock itch. Clean area and dry thoroughly. Apply morning and night. Do not use for more than two weeks. If condition persists, consult doctor. (Topical use only)
- Use <u>Cream</u> for athlete's foot, ringworm or yeast diaper rash. Apply to affected area two times daily. Do not use for more than 14 days. If condition persists, consult doctor.
   For yeast diaper rash, apply at each diaper change. (Topical use only)

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#### Mylanta / Maalox (Children's)



Use for upset stomach. (By mouth only) Consult physician if no relief after 3 doses.

- Children under 2 years consult doctor for dosage
- Children 2 to 5 years (24 to 47 pounds) I teaspoon every 8 hours (maximum of 3 doses in 24 hours.
- Children 6 to 11 years (48 to 95 pounds) 2 teaspoons every 8 hours (maximum 3 doses in 24hours)
- Children 12 years to adult (95+ pounds) 1 teaspoon 3 times daily (maximum of 3 doses in 24

# Mylicon Use for colic in children under 2 years old. Give 0.3ml three times per day (after meals) and once at bedtime. Not to exceed 4 doses in 24-hours. (By mouth only) **Neosporin / Triple Antibiotic Ointment/Generic** Use for cuts and abrasions. Use as often as needed to prevent infection. For deep or serious cuts, consult doctor. (Topical use only) Nix (Permethrin) SEE DOCTOR Use for the treatment of head lice. Apply to hair for 10 minutes, then rinse thoroughly with water. Remove nits with nit comb. Repeat if live lice are observed seven days or more after first application. Not for use with children under 2 years of age. (Topical use only) Clean/Wash all linen, bedding, etc.

# Orașol / Ambesol

For relief of gum, mouth, or teeth pain & for teething pain for infants 4 months or older. Apply to affected area not more than four times daily. Do not use for more than seven days. If swelling, rash, or fever develops, consult doctor or dentist.

#### **Pedialyte**

To prevent dehydration from diarrhea and vomiting during illness. Ages 2 and over, give every 3-4 hours (2 liters in 24-hours) while diarrhea continues. If diarrhea, vomiting or fever continues beyond 24-hours, if child has bloody stool, or if child is under 2, consult doctor.

# **Salt Water Gargle**

For sore throat pain. Gargle with warm salt water as often as needed. Do not swallow. Use 1 teaspoon salt in 1 cup of water. Not to be used by children under 6 years of age.

#### Sunblock

For prevention of sunburn. Apply to skin 30 minutes prior to sun exposure and every two hours during exposure. Reapply after swimming. Not for use in children sensitive to PABA.

### **Throat Lozenges**

For sore throat. May be used every 2 hours as needed for throat pain. Not to be used by children under 6 years of age.

#### Children's Tylenol/ Acetaminophen

Given every 4 hours for fever over 100 degrees or for mild pain. Not to exceed 5 doses in 24-hours. For temperatures of 101 degrees or greater or for moderate pain, use Motrin/Advil as per previous

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instructions.



	Elixir/Liquid	4-11 months (12-17 pounds)	½ teaspoon
	•	12-23 months (18-23 pounds)	¾ teaspoon
		2-3 years (24-35 pounds)	1 teaspoon
		4-5 years (36-47 pounds)	1 ½ teaspoon
		6-8 years (48-59 pounds)	2 teaspoons
		9-10 years (60-71 pounds)	2 ½ teaspoons
		11-12 years (72-95 pounds)	3 teaspoons
	Infant Drops	0-3 months (6-11 pounds)	0.4ml
	illiant brops	4-11 months (12-17 pounds)	0.4111 0.8 ml
		12-23 months (18-23 pounds)	1.2 ml
	Tablets (80mg)	2.2 years (24.25 nounds)	2 tablets
	Tablets (80mg)	2-3 years (24-35 pounds)	
		4-5 years (36-47 pounds)	3 tablets
		6-8 years (48-59 pounds)	4 tablets
		9-10 years (60-71 pounds)	5 tablets
		11-12 years (72-95 pounds)	6 tablets
		12 + years (96 + pounds)	400-650mg every 4 hours
Doctor's Comn	nents:		<del></del>
Please Print:		ne	
Please Print:	Medical Lice	nse No.:	
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<b>Signature of</b> Ap	Medical Lice Office Addre Phone No.:	nse No.:	

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(FORM IS INVALID WITHOUT DOCTOR'S NAME, ADDRESS, LICENSE #; SIGNATURE AND DATE)