



Chloraseptic / Generic

Use for sore throat and related pain. Not to be used by children under 2 years of age. If condition persists, call doctor. (By mouth only)

- 2-11 years - spray throat 3 times every 4 hours, as needed.
- 12-adult - spray throat 5 times every 4 hours, as needed.

Desitin / Balmex

Use for diaper rash. Apply at each diaper change. If condition, worsens or shows no improvement within 48 hours, consult doctor. (Topical use only)

Hydrogen Peroxide

Use for superficial skin wounds, cuts, scrapes. Apply three times daily as needed. (Topical use only)

Metamucil / Generic

Use for constipation. May require use for 2 – 3 days for optimal effect. If condition persists beyond three days, consult doctor. (By mouth only)

- Not for use with children under six years of age
- Children age 6 to 12 years old – use ½ dose for children under age 13
- Children 13 years and older, use 1 tablespoon (sucrose containing variety) or 1 teaspoon (sucrose-free variety) mixed in 8 ounces of liquid three times daily.

Motrin / Advil (Children's)

Use for children whose temperature rises to 102 degrees or who are in mild to moderate pain. (By mouth only).

- Children 12 to 23 mos. (18 to 23 pounds) – 1 teaspoon every 4 to 6 hours
- Children 2 to 3 years (24 to 35 pounds) – 1-1/2 teaspoon every 4 to 6 hours
- Children 4 to 5 years (36 to 47 pounds) – 2 teaspoons every 4 to 6 hours
- Children 6 to 8 years (48 to 59 pounds) – 2-1/2 teaspoons every 4 to 6 hours
- Children 9 to 10 years (60 to 71 pounds) – 3 teaspoons every 4 to 6 hours
- Children 11 to 12 years (72 to 95 pounds) – 3-1/2 teaspoons every 4 to 6 hours

Multi-Vitamin / Vitamin C

Use as dietary supplement. Liquid drips for infants; chewable or swallowed with water for toddlers and older children. Give 1 tablet daily as recommended by doctor. Dosage _____

Mycatin / Kitrunub / Tinactin / Cruex

- Use spray for jock itch. Clean area and dry thoroughly. Apply morning and night. Do not use for more than two weeks. If condition persists, consult doctor. (Topical use only)
- Use Cream for athlete's foot, ringworm or yeast diaper rash. Apply to affected area two times daily. Do not use for more than 14 days. If condition persists, consult doctor. For yeast diaper rash, apply at each diaper change. (Topical use only)



Mylanta / Maalox (Children's)

Use for upset stomach. (By mouth only) Consult physician if no relief after 3 doses.

- Children under 2 years - consult doctor for dosage
- Children 2 to 5 years (24 to 47 pounds) - 1 teaspoon every 8 hours (maximum of 3 doses in 24 hours).
- Children 6 to 11 years (48 to 95 pounds) – 2 teaspoons every 8 hours (maximum 3 doses in 24-hours)
- Children 12 years to adult (95+ pounds) 1 teaspoon 3 times daily (maximum of 3 doses in 24 hours)

Mylicon

Use for colic in children under 2 years old. Give 0.3ml three times per day (after meals) and once at bedtime. Not to exceed 4 doses in 24-hours. (By mouth only)

Neosporin / Triple Antibiotic Ointment/Generic

Use for cuts and abrasions. Use as often as needed to prevent infection. For deep or serious cuts, consult doctor. (Topical use only)

Nix (Permethrin) SEE DOCTOR

Use for the treatment of head lice. Apply to hair for 10 minutes, then rinse thoroughly with water. Remove nits with nit comb. Repeat if live lice are observed seven days or more after first application. Not for use with children under 2 years of age. (Topical use only) Clean/Wash all linen, bedding, etc.

Orasol / Ambesol

For relief of gum, mouth, or teeth pain & for teething pain for infants 4 months or older. Apply to affected area not more than four times daily. Do not use for more than seven days. If swelling, rash, or fever develops, consult doctor or dentist.

Pedialyte

To prevent dehydration from diarrhea and vomiting during illness. Ages 2 and over, give every 3-4 hours (2 liters in 24-hours) while diarrhea continues. If diarrhea, vomiting or fever continues beyond 24-hours, if child has bloody stool, or if child is under 2, consult doctor.

Salt Water Gargle

For sore throat pain. Gargle with warm salt water as often as needed. Do not swallow. Use 1 teaspoon salt in 1 cup of water. Not to be used by children under 6 years of age.

Sunblock

For prevention of sunburn. Apply to skin 30 minutes prior to sun exposure and every two hours during exposure. Reapply after swimming. Not for use in children sensitive to PABA.

Throat Lozenges

For sore throat. May be used every 2 hours as needed for throat pain. Not to be used by children under 6 years of age.

Children's Tylenol/ Acetaminophen

Given every 4 hours for fever over 100 degrees or for mild pain. Not to exceed 5 doses in 24-hours. For temperatures of 101 degrees or greater or for moderate pain, use Motrin/ Advil as per previous



instructions.

Elixir/Liquid	4-11 months (12-17 pounds)	½ teaspoon
	12-23 months (18-23 pounds)	¾ teaspoon
	2-3 years (24-35 pounds)	1 teaspoon
	4-5 years (36-47 pounds)	1 ½ teaspoon
	6-8 years (48-59 pounds)	2 teaspoons
	9-10 years (60-71 pounds)	2 ½ teaspoons
	11-12 years (72-95 pounds)	3 teaspoons
Infant Drops	0-3 months (6-11 pounds)	0.4ml
	4-11 months (12-17 pounds)	0.8 ml
	12-23 months (18-23 pounds)	1.2 ml
Tablets (80mg)	2-3 years (24-35 pounds)	2 tablets
	4-5 years (36-47 pounds)	3 tablets
	6-8 years (48-59 pounds)	4 tablets
	9-10 years (60-71 pounds)	5 tablets
	11-12 years (72-95 pounds)	6 tablets
	12 + years (96 + pounds)	400-650mg every 4 hours

Witch Hazel

Relief of stings or sunburns, as needed.

ADDITIONAL OVER-THE-COUNTER MEDICATIONS NOT ALREADY LISTED PREVIOUSLY. PLEASE PRINT MEDICATION NAME, DOSAGE-INITIAL AND DATE IF DIFFERENT FROM ORIGINAL AUTHORIZATION DATE:

Doctor's Comments: _____

Please Print: Doctor's Name _____

Medical License No.: _____

Office Address: _____

Phone No.: () _____

Signature of Approval _____

Date Signed _____

(FORM IS INVALID WITHOUT DOCTOR'S NAME, ADDRESS, LICENSE #; SIGNATURE AND DATE)